

PRESS-FORMED GRAIN SNACKS AND PROCESS THEREFOR**ABSTRACT OF THE INVENTION**

5 Grain-rich snacks are produced by forming a pasty mixture
comprising grain and a minor proportion of egg white,
press-forming the pasty mixture to yield formed snacks, and
contacting the formed snacks with superheated steam to set
the egg white as binder of the snacks. Press-forming can
10 be conducted by press-molding the pasty mixture in mold
cavities or by extrusion to form rods or ribbons that are
cut into snack-size pieces. Grains such as grits, oatmeal,
pasta and rice in a pasty mixture with egg white may
include other foods such as ground meat, chopped nuts,
15 maple syrup, etc.